



East Retford Rugby Union Football Club

Good Player Guide

Teamwork, Respect, Enjoyment, Discipline, Sportsmanship.

When playing at home or away, at festivals or on tour your behaviour always reflects on **you, your parents**, the **Club** and everyone associated with you.

Players are encouraged to:

- Recognise and appreciate the efforts made by coaches, parents, match officials and administrators in providing the opportunity for you to play the game and enjoy the rugby environment.
- Understand the values of loyalty and commitment to adults and teammates.
- Recognise that every young player has a right to expect their involvement in rugby to be safe and free from all types of abuse.
- Understand that if an individual or group of young players feel they are not being treated in a manner that is acceptable, then you have a right to tell an adult either at the rugby Club or outside of the game.

At all times, whether on, or off the field you are expected to behave as follows:

- Be on your best behaviour at all times.
- Listen and act on any instructions given to you by: Team Manager, Coach or any Adult responsible for any activity/pursuit you may be involved in.
- Be responsible and safety conscious at all times.
- Respect other people and their possessions.
- If staying in hotels or other accommodation treat it respectfully, do not damage or steal anything.
- Report any damage to the Team Manager or a Coach.
- Treat with respect the oppositions' Clubhouse and traditions.

When Playing:

- Play because you want to do so, not to please coaches or parents.
- Remember that skill development, fun and enjoyment are the most important parts of the game.
- Work equally hard for yourself and your team – both will then benefit.
- Recognise good play by **all** players on your team and by your opponents.
- Be a sportsman - win or lose.
- Play to the Laws of the Game and accept, without question, all the referee's decisions.
- Control your emotions. Verbal or physical abuse of teammates, opponents, or match officials is not acceptable.
- Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of any player.